

what does EURES offer on-line in Poland?

get in touch with us!

European Employment Service

Polish EURES website www.eures.praca.gov.pl will provide you with professional information.

On Polish EURES website you will:

- find information on international job fairs organised in Europe, where Polish EURES advisors present job offers of Polish employers,
- learn what you should know before coming to Poland,
- get information on how to start your own business in Poland,
- get an overview of the situation on the Polish labour market,
- find Polish EURES advisors' contact details.



You can find EURES advisers at any EEA country. You can contact the nearest EURES advisor in your country or in Poland.

Addresses and telephone numbers to all EURES advisers:

- in Europe you can find at portal www.eures.europa.eu, bookmark *EURES Advisers*,
- in Poland - at www.eures.praca.gov.pl website, bookmark *Doradcy i asystenci EURES*.

Each EURES adviser speaks one of the following foreign languages – English, French or German.



Ministry of Labour and Social Policy
Department of Labour Market

EURES

Your job in Poland

www.eures.praca.gov.pl
www.eures.europa.eu

who are we?

EURES is a cooperation network between public employment services and other local, national and international organisations operating within the employment sector. EURES was established by the European Commission to support free movement of workers within the European Economic Area (EEA)¹.

Our aim is to help jobseekers and employers to advance in the European labour market.

We provide **international employment services** and inform about living and working conditions in EEA.

Why EURES?

It provides free of charge services:

- guidelines on how to look for a job in Poland,
- information on living and working conditions in Poland,
- EURES advisor's help,
- websites to find a job in Poland.

If you want to live and work in Poland
EURES is here to help you



how to find a job in Poland?

Before coming to Poland start looking for a job while in your own country. There are many opportunities you can use.

Labour offices

You will find offers of Polish employers in poviats labour offices' Internet database of job offers www.psz.praca.gov.pl - book-mark *Poszukujący pracy / Szukasz pracy? / Sprawdź naszą bazę ofert* and at The European Job Mobility Portal www.eures.europa.eu, bookmark *Jobseekers / Search for a job*.

Private employment agencies

Certified Polish employment agencies can be found in the Internet database www.kraz.praca.gov.pl.

Press

Look for a job in all-Poland and regional daily papers, which publish supplements with job offers on specific days i.e.:

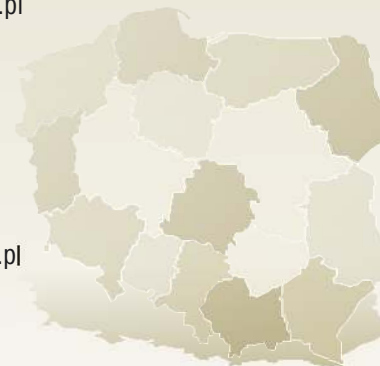
- on Mondays – *Gazeta Wyborcza* www.gazeta.pl
- on Wednesdays – *Rzeczpospolita* www.rzeczpospolita.pl

Web portals

Use also web portals, where apart from job offers you can find a lot of useful information.

Examples of web portals:

- <http://www.praca.interia.pl>
- <http://praca.gazeta.pl>
- <http://www.pracuj.pl>
- <http://www.pracdlaciebie.pl>
- <http://www.praca.wp.pl>
- <http://praca.onet.pl>
- <http://www.jobs.pl>
- <http://www.jobpilot.pl>
- <http://www.topjobs.pl>
- <http://www.biznesnet.pl>
- <http://www.cvonline.pl>
- <http://www.jobcenter.com.pl>



what does EURES offer on-line?

One of the most frequently visited European Commission websites - The European Job Mobility Portal www.eures.europa.eu is at your disposal.



At portal you will:

- find up-to-date job offers of Polish employers announced by poviats labour offices,
- add your CV to the database, which registered employers from Poland and all Europe have access to,
- open "My EURES" account that will match available on the website information to your individual needs, i.e.: you will get a notification of up-to-date job offers corresponding with your CV,
- find detailed information on living and working conditions in Poland in Polish, English, German and French,
- learn what professionals Polish employers seek the most and in what regions.

¹For the leaflet purposes the abbreviation EEA will refer to EU states, Norway, Island, Liechtenstein and Switzerland.